

THE WEST ESSEX

LUNCHEON SPECIALS

Available Monday - Friday 11:00 am - 3:00 pm (Excludes Holidays)
 All Served with Cup of Soup, Soft Drink & Choice of Chocolate Pudding, Ice Cream or Jello
 Substitute French Fries for Mixed Greens \$1 extra

BOSS'S FAVORITES

<p>Arroz con Pollo 15 Boneless Chicken, Diced Tomato, Fresh Garlic, Peppers, Onions, White Wine & Cilantro, tossed with Our Rice</p>	<p>Penne Primavera 14 Mixed Vegetables sautéed with Garlic & Oil over Penne Pasta Add Chicken \$2 extra</p>	<p>Chicken Teriyaki 14 Grilled Chicken chopped & tossed in Teriyaki Glaze, served over Rice</p>
<p>Chicken Roma 14 Grilled Chicken, Broccoli Rabe & Melted Mozzarella Cheese on a Toasted Italian Roll, served with French Fries</p>	<p>Fish Tacos 15 Fried Cod topped with a Cabbage Slaw, served with Rice & Pico de Gallo</p>	<p>The Bun-Less 14 Hamburger (No Bun) with Mozzarella Cheese, Avocado & Sliced Tomato, served over Mixed Green Salad</p>
<p>Cajun Salmon Wrap 15 Salmon, Arugula, Red Onion & Chipotle Aioli, served with French Fries</p>	<p>Vegetable Stir-Fry 14 Served over Rice Add Chicken \$2 extra</p>	<p>Chicken Sauté 14 Marsala, Scampi, Parmigiana or Francaise, served with Choice of Rice or Linguini</p>

GOURMET DELI SANDWICHES

All served with French Fries
 (Cole Slaw & Pickle Upon Request)

YOUR CHOICE: 14

- Roast Beef • Roast Turkey**
- Pastrami • Corned Beef**
- Tuna, Chicken or Shrimp Salad**
- Ham & American Cheese**
- Meatloaf Sandwich**

SUBSTITUTE
 WAFFLE FRIES OR
 SWEET POTATO FRIES
 INSTEAD OF FRENCH FRIES
 \$1.5 EXTRA

1/2 LB. BURGERS

All served with French Fries (Cole Slaw & Pickle Upon Request)
 Substitute Beef Burger for Veggie or Turkey Burger \$1 extra

YOUR CHOICE: 14

- Greek Burger**
 with Feta, Red Onion, Tomato & Tzatziki Sauce on Grilled Pita
- Bronx Bomber**
 with Bacon, Grilled Mushrooms & Swiss Cheese
- Texas BBQ Burger**
 with Cheddar Cheese, Bacon & BBQ Sauce
- Jersey Burger**
 with Taylor Ham, Fried Egg & Cheese
- Philly Burger**
 with Grilled Onions, Mushrooms, Peppers & American Cheese
- Baja Turkey Burger**
 with Avocado, Cheddar Cheese, Tomato & Mayo on the Side

SPECIAL SAMMY'S

All served with French Fries • **Gluten Free Bread \$2 extra**

YOUR CHOICE: 14

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| <p>Mr. Jimmy
 Grilled Chicken Sandwich with Roasted Red Peppers & Mozzarella Cheese served with Jimmy's Secret Balsamic Dressing on the Side</p> <p>The West Essex
 Grilled Chicken Sandwich with Bacon & Mozzarella Cheese, served with Our Homemade Honey Mustard on the Side</p> <p>Cheeseburger Sliders
 with Fried Onions</p> <p>Chicken Caprese
 Chicken Cutlet, Pesto Sauce & Tomato on a Pressed Round Roll</p> <p>Beef or Chicken Gyro
 Beef Gyro or Grilled Chicken Strips on Grilled Pita with Lettuce, Tomato, Onion and Tzatziki Sauce</p> | <p>Fish Fillet Sandwich
 Lightly Battered Filet of Flounder fried until crisp with Lettuce, Tomato, Red Onion and Tartar Sauce on a Kaiser Roll</p> <p>Reuben
 Your Choice of Corned Beef, Pastrami or Both with Sauerkraut, topped with Melted Swiss Cheese on Grilled Rye Bread</p> <p>ABC Chicken Sandwich
 Avocado, Bacon, Grilled Chicken on a Toasted Long Roll</p> <p>The Soprano
 Chicken Cutlet, Roasted Red Peppers, Arugula, Red Onions & Mozzarella Cheese on a Toasted Italian Roll with Homemade Balsamic Vinaigrette</p> <p>Italian Cheesesteak
 with Broccoli Rabe, Caramelized Onions & Mozzarella Cheese</p> |
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No Sharing • No Substitutions • Take-Out 1.25 additional

STRAIGHT FROM THE GARDEN

West Essex Steak Salad 18

Marinated Sliced London Broil, Fresh Mozzarella Cheese, Roasted Peppers, Tomatoes and Onions over Mixed Greens

Buffalo Chicken Salad 15

Golden Fried Buffalo Chicken over Romaine & Iceberg Lettuce, Red Onions, Tomatoes & Crumbled Bleu Cheese, served with Choice of Ranch or Bleu Cheese Dressing on the Side

Valentina Salad 16

Arugula, Red Onion, Fresh Mozzarella & Roasted Red Peppers, topped with Chicken Cutlet & Imported Prosciutto, served with Balsamic Dressing

Chicken Caesar Salad 14

Grilled Chicken over Our Classic Caesar Salad with Romaine Lettuce, Shaved Parmesan Cheese, Garlic Croutons & Creamy Caesar Dressing

Opa Salad 14

Grilled Chicken or Beef Gyro over Greek Salad

Fried Calamari Salad 14

Over Fresh Mixed Greens, Scallions & Cherry Tomatoes, served with Balsamic Dressing
(Substitute Buffalo Calamari No Charge)

Garden Salad 14

Lettuce, Tomatoes, Onions, Carrots, Olives, Cucumbers & Green Peppers with Choice of Scoop of Tuna or Chicken Salad
(Substitute Grilled Chicken \$2 extra)

Blackened Shrimp Salad 15

Cajun Baby Shrimp atop Romaine, Tomatoes, Avocado & Red Onion, served with Ranch Dressing

Spinach Salad 13

Fresh Spinach with Mushrooms, Bacon, Hard Boiled Egg, Tomatoes and Red Onions

PANINIS

All served with French Fries (Cole Slaw & Pickle Upon Request)

YOUR CHOICE: 14

Brooklyn

Chicken Cutlet, Broccoli Rabe, Roasted Red Peppers & Mozzarella Cheese

Cuban

Grilled Pork, Ham, Swiss Cheese, Thin Sliced Pickle & Mustard

N.Y.C.

Sliced Sirloin with Sautéed Mushrooms, Onions & Swiss Cheese

Primo Pesto Chicken

Grilled Chicken, Roasted Peppers, Tomatoes, Mozzarella Cheese & Fresh Basil Pesto

Aztec

Grilled Chicken, Pepper Jack Cheese, Fried Onions & Guacamole

SUBSTITUTE
WAFFLE FRIES OR
SWEET POTATO FRIES
INSTEAD OF FRENCH FRIES
\$1.5 EXTRA

QUESADILLAS

All served with French Fries

YOUR CHOICE: 14

Chicken Parmigiana

Breaded Chicken Cutlet, Marinara Sauce & Mozzarella

Philly Cheese Steak

with Mushrooms, Onions & Peppers

The Portobello

Portobello Mushroom, Roasted Red Peppers, Fresh Baby Spinach & Mozzarella Cheese

The Chipotle

Grilled Chicken, Red Onion, Cheddar Cheese & Chipotle Sauce

"WRAP" EM UP

Your Choice of White, Wheat or Spinach Tortilla

All served with French Fries (Cole Slaw & Pickle Upon Request)

Gluten Free Wrap \$2 extra

YOUR CHOICE: 14

Buffalo Spicy Chicken Wrap

Diced Chicken Fingers with Spicy Buffalo Wing Sauce, Crisp Lettuce & Diced Tomatoes, Side of Ranch or Bleu Cheese

Caesar Wrap

Grilled Chicken Breast, Romaine Lettuce & Creamy Caesar Dressing

Turkey Blt Wrap

with Crisp Bacon, Lettuce & Tomato

Big Fat Greek Wrap

Grilled Chicken with Feta Cheese, Lettuce, Tomato, Onion and Greek Dressing

Bacon & Cheddar Chicken Wrap

Grilled Chicken Breast, Cheddar Cheese & Bacon (BBQ Sauce Upon Request)

Big Nick's Wrap

Macaroni and Cheese with Chicken Tenders & Crispy Bacon drizzled with BBQ Sauce

Veggie Wrap

Fresh Blend of Grilled Vegetables with Mozzarella Cheese
(Add Grilled Chicken \$2 extra)

SPECIALTY OMELETTES

Made with Three Eggs and served with Home Fries & Your Choice of White, Wheat or Rye Toast
Substitute Egg Whites 1.5 extra

Cheese Omelette 12

American, Swiss, Cheddar or Mozzarella

Western Omelette 12

Ham, Peppers & Onions

Garden Omelette 12

Peppers, Onions, Mushrooms & Tomato

Protein Omelette 13

Grilled Chicken & Egg Whites

DOCTOR'S CHOICE

Tropical Health Platter 13

Fresh Fruit Salad, Cottage Cheese & Jello

Low Carb Chicken Parm 15

Grilled Chicken topped with Marinara Sauce & Mozzarella Cheese, served over Fresh Baby Spinach

West Essex Salad Platter 14

A Scoop of Your Choice of Tuna, Chicken or Shrimp Salad, served with Cole Slaw & Potato Salad

Grilled Chicken 14

served with Steamed Broccoli

Caprese Portobello 15

Two Portobello Mushrooms stuffed with Sautéed Spinach & Tomatoes, topped with Mozzarella Cheese & Balsamic Glaze

Grilled Salmon 16

over Steamed Spinach